

POWERFUL TRANSFORMATIONAL LIFE COACHING

Dr. Cali Estes specializes in helping you get 'unstuck' and moving forward with the goals and dreams you have in Life. Do you know what KEYS you need to achieve success? Do you know how to unlock the bliss and success you crave? Dr. Cali Estes will assist you in opening up new doors and pathways to success. She will assist you in creating the positive mindset to focus on unleashing your potential, unlocking your passion and discovering your purpose in Life.

Dr. Cali Estes gets to the root cause of the 'stuck points' and problem sectors of your life, to assist you in moving forward in a productive, happy and excited manner. What is holding you back from your dreams and desires? Money? Time? Sense of Purpose? A Limiting Belief system that you can do it? Dr. Cali Estes will help you create more money, more freedom and more time to enjoy the life you want.

Her proven 7 Keys System will help you unlock the doors that hold you back and help you create the mindset to create the Dream Life you desire. By relieving yourself from the perception of time constraints, pressures and responsibilities, you will enable growth in the areas of personal matters, relationships and profession, to create what you truly desire in Life. Sometimes it is a simple tweaking of some events in life, that changes your energy flow. Sometimes an entire life overhaul may be required. Either way, we can assist you in creating the 'dream life' you have always wanted.

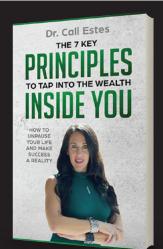
We offer group coaching, powerful transformational one on one coaching, events and more to to get you unstuck and moving in the right direction. Our powerful exercises will unlock your potential, release your demons and get you thinking and moving in the right direction. We offer a proven method to remove the barriers to success that are holding you back.

"My approach to success and business begins with the proper Mindset. Having a healthy and creative mindset allows for business and personal success." By utilizing the Law of Attraction and eliminating negative problems, my client and I will build a long-term solution, using a highly integrative process, proven to be tremendously successful."

Dr. Cali Estes and her team treat each client, based on their individual needs. Together we use proven techniques to create the Successful Life you desire, unlock your potential, discover and follow your path, discover your passion, and follow your dreams. Here is what we focus on to get you to the Successful Life you deserve.

HOW CAN WE HELP YOU UNPAUSE YOUR LIFE?

- · Finding Purpose and Passion in Life
- · Self-Worth & Self Esteem (do you like who you are?)
- Purpose in Life (do you know what you should be doing?)
- · Passion in Life (are you HAPPY?)
- . Relationships in Personal and Business (are they currently working?)
- Self Care (are your needs being met?)
- Money Mindset: Do you know your worth?
- Food and Exercise (are they lacking?)
- The Happy Chemical (serotonin lacking in the brain?)
- · Addiction and vices (Food, Drugs, Alcohol, Gambling, Shopping to cope?)
- Career Change (is it time?)
- Understanding Balance (is life out of whack?)
- · Managing Anger, Frustration and Stress
- Creating short and long-term goals, with measurable results
- Creating and implementing a RoadMap to Success
- Analyzing any family or relationship issues that may hold you back
- . Understanding your pattern of communication
- Defeating any Limiting Belief Systems that hold you back
- . Asking for what you want and need
- Bucket list creation and deployment



DISCOVERING PURPOSE AND PASSION

FINDING YOUR TRIBE

DEFEATING LIMITING BELIEF SYSTEMS

MONEY: UNDERSTAND YOUR WORTH AND GET IT

JUMPING AND FLYING

CREATING YOUR
ROADMAP TO SUCCESS

TRANSFORMATIONAL COACH





LIFE COACH, ADDICTIONS COACH, WELLNESS GURU AND BEST SELLING AUTHOR

> (800) 706-0318 www.caliestes.com

TRANSFORMATIONAL COACH Cali Estes

BUSINESS SUCCESS COACHING

Want more money, more freedom and more time? Maybe you are a C- Level Business Executive, a new company owner, or just trying to climb the ladder and you CRAVE more. More money, more time and more freedom. Maybe you aspire to be the best in your industry, but you are STUCK and not moving in the direction of SUCCESS.

You need to break through the barriers holding you back mentally and get to the next level. This process involves learning how to unlock your Key to 'Success' and finding your 'Inner Voice'. You will learn how to eliminate feelings of being defeated and/or deflated by life's daily stressors and discover your inner worth. Do you know your value and what to charge or what to ask for your work? Do you have trouble asking for money because of a limiting belief that money is bad? Are you afraid to Jump into the next thing or expand out of FEAR? Do you have Imposter Syndrome?

There are 7 Keys that will help you achieve success and break through these barriers that hold you back. Do you know what 'keys' you need to achieve success? Do you know how to 'unlock' the bliss and success you crave? Dr. Cali Estes will assist you in opening up new doors and pathways to success. She will assist you in creating the positive mindset necessary to focus on money making, happiness, bliss and emotional freedom. Unlocking your stuck points in both personal and business matters will create the ability to let happiness and business success flow.

As a serial entrepreneur and a multimillion-dollar company owner, Dr. Cali Estes gets to the root cause of ambivalence and 'stuck points. She will assist you in moving forward in a productive and excited manner. Ultimately, you will learn how to overcome perceived pressures such as time constraints, anxiety, responsibilities, etc. This will open up new channels of growth in personal matters, relationships and business. Imagine waking up excited to tackle a new day, while having ideas flowing, to create a successful life and business environment of your own that is lucrative, fun, rewarding and successful.

We offer a powerful transformational program, the Millionaire Maker Mindset course or the ever popular onsite 1 Day Power Release Intensive course, to get you 'unstuck' and moving in the right direction. Our powerful exercises will get you thinking. We offer a proven method to remove the barriers to success that are holding you back.

Keys to Success



Mental and

Using the Law of Attraction in Business and Success and muc

Our Millionaire Maker Mindset course will teach you to how to overcome perceived barriers in life. The same barriers which currently prevent you from living the life you desire and having the business experience you deserve. Wouldn't you like to unlock your potential and experience the 'Keys to Success'? We can help you get there.

"My approach to success and business begins with the proper Mindset. Having a healthy and creative mindset allows for business success. "By utilizing the Law of Attraction and eliminating negative problems, my client and I will build a long-term solution, using a highly integrative process, proven to be tremendously successful."

Dr. Cali Estes and her team treat each client, based on their individual needs. Together we use proven techniques to create the business success life you want to have. Whether you have not started your business yet, or are already a C-level executive or owner that needs a tune up, the end result is the creation of a dream filled business and life.

BUSINESS KEYS TO SUCCESS

- · Tune Up: You need to clear a few pathways and allow the creativity to flow
- · Breaking your negative attachment to money to have more of it flow into your life
- Understanding what your Keys to Success patterns are and how to use them in personal and business affairs to your advantage
- · Creating short and long-term goals, with measurable results
- · Uncovering hidden passions and purpose in life, which make you happy
- Providing additional life coaching and guidance through turbulent periods and rough patches in business and life
- · Addressing any potential issues of mental health and addiction
- · Analyzing any family or relationship issues holding you back and addressing them
- · Understanding your pattern of communication and how to use it to your advantage
- · Breaking the Glass Ceiling and squashing any limiting belief systems that hold you back
- · Roadmap to Success and Bucket List Creation and deployment.



Success is all about the long-term goals and achievements in happiness, business, life and personal goals. How can we assist you in Business Success?

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